

Park Pulse

News from the Frankfort Park District

February 6, 2012

This monthly letter highlights upcoming events, programs, and the latest news from the Frankfort Park District. If you have any questions or to register for a program, call the Park District office at 815-469-9400 or visit www.frankfortparks.org

Youth Programs:

Claymation Moviemaking for the Family

Each family group (friends welcome) will work together to create characters out of clay and bring their creations to life using digital cameras and animation software. Each group will film its own movie, take home clay models from class, and receive a copy of their Claymation film on a CD-ROM.

Instructor: Computer Explorers
 Location: Founders Community Center
 Day: Friday
 Dates: February 10
 Time: 6:30 - 9:00 pm
 Age: Children 5 & up with parent
 (each group must have at least one adult and 3 or 4 children)
 Fee: \$69/NR \$74/family

Junior Fungineering

Young children love to build with Legos™ and building is a great way to enter the world of engineering! Using Lego™ educational sets, we will explore simple machines by building fun moveable models while learning the basic concepts of physical science & engineering in a fun and creative way. 2 students per Lego set.

Instructor: Computer Explorers
 Location: Founders Community Center
 Days: Thursday
 Dates: February 16 - March 8
 Time: 4:15 - 5:00 pm
 Ages: 4 - 7
 Fee: \$55/NR \$60

Valentines Day Party

Kids will make their own heart shaped pizza for dinner as well as make a craft and do Valentine's Day activities.

Location: Founders Community Center
 Day: Tuesday
 Date: February 14
 Age: 5 - 10
 Time: 6:00 - 8:00 pm
 Fee: \$25/ NR \$30



Pajama Party

Come dressed in your PJ's and bring your favorite stuffy for a pajama party! Pizza will be served, games will be played, and we will watch a movie too! A bedtime story will be read just in time for you to pick them up and put them to bed. It's a win, win for all!

Location: Founders Community Center
 Day: Friday
 Date: February 17
 Time: 6:00 - 8:30 pm
 Ages: 3 - 8
 Fee: \$25/NR \$30

Tae Kwon Do

Tiger Kwon's Martial Arts has been serving the Lincoln Way Community longer than any other Martial Arts organization or school. We teach a unique combination of Taekwondo, Hapkido, and Kickboxing known as Kwon Mu Do to create a well-rounded martial artist.

Location: Founders Community Center
 Day: Wednesday
 Session III: February 22 - March 14
 Session III: March 21 - April 18
 (No Class April 11)
 Age/Time: 3-6 Little Tigers/5:00-5:30 pm
 7 & up Family Class/5:30-6:15 pm
 Fee: \$49/NR \$54
 Discounts: 2nd member 20% off

SPRING FEVER!

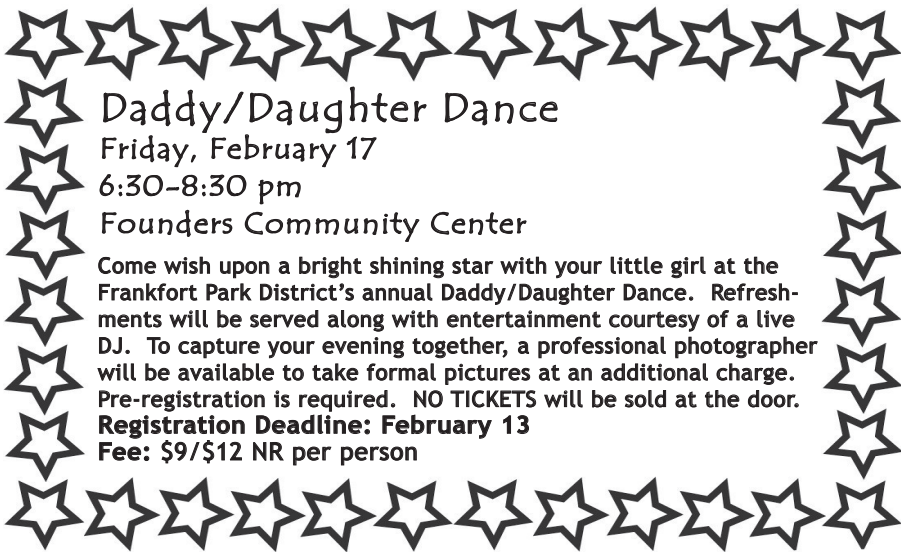
Mark your calendar for Saturday, March 31 and join the Frankfort Park District for these Spring events: Lunch with Bunny, Easter Egg Hunt and Super Dog Egg Hunt!

Lunch with Bunny: Join Peter Cotton tail for lunch and entertainment! 11 am - 12:30 pm at the Founders Community Center. \$8/\$11 NR (per person) **Pre-registration required by March 26.**

Easter Egg Hunt: 1:00 pm at Main Park. Ages 1-8.

Super Dog Egg Hunt: Come out to the Bark Park at Commissioners Park at 2:30 pm for this free on-leash event. Dogs will dash around the park searching for treat-filled eggs.





Daddy/Daughter Dance

Friday, February 17

6:30-8:30 pm

Founders Community Center

Come wish upon a bright shining star with your little girl at the Frankfort Park District's annual Daddy/Daughter Dance. Refreshments will be served along with entertainment courtesy of a live DJ. To capture your evening together, a professional photographer will be available to take formal pictures at an additional charge. Pre-registration is required. **NO TICKETS** will be sold at the door.

Registration Deadline: February 13

Fee: \$9/\$12 NR per person

Preschool Registration

Registration for all early childhood programs that run from September 2012 through May 2013 is going on now at the Founders Community Center!



Available programs include:

Wee Works - 2.5 Years

Play School - 3 years

Prep School - 4 years

Stepping Stones - 4.5 - 5 years

Visit www.frankfortparks.org for additional information on the programs listed above.

Upcoming Events:

Family Faire - "Oh the Places You'll Go" - March 10

9:00 a.m. - 1:00 pm

Lincoln Way East High School

Join us for an Asset Building Celebration! Bring your children ages 12 and under, for a day filled with hands on activities, music, games, food concessions and entertainment. Admission is FREE! This is part of an Asset Building weekend sponsored by Lincoln-Way Connections, area park districts, youth commissions, schools, churches and Foundations for Success.

Spring Craft Show - March 24

9:00 a.m. - 3:00 pm

Founders Community Center

A diverse selection of crafters and vendors, including Tastefully Simple, Pampered Chef, Tupperware, Emily's Soy Candles, Clifford's Pet Specialties, Katie's Clips, Mische Bags, Scentsy Wickless Candles, Jewelry, Floral, Clothing and much more!!! Free Admission. Sponsored by Harris Bank



Athletic Programs:

White Sox Hitting Club

The White Sox Hitting Club will present your hitter with a step-by-step approach to hitting like a Major League player...exactly like Sox Hitting Coach, Greg Walker teaches. There are hitting "absolutes" that must be present in each at bat to be successful. Softball players will greatly benefit from this class as well. Once during each four-week class, former Major Leaguer (Cardinals, Brewers, Phillies) and current White Sox Academy Director, Jim Adduci will visit and teach the finer points of hitting. Student to instructor ratio will be 10:1 or less.

Instructor: Chicago White Sox Training Academy
Location: Grand Prairie School-North Entrance
Day: Monday
Dates: February 27-March 26
(no class March 5)
Age/Time: 6-8/4:00-5:15 pm
Age/Time: 9-11/5:15-6:30 pm
Fee: \$99/NR\$104

Each student will receive a White Sox Hitting Club t-shirt and Sox Hitting Club manual.

Register directly with the Park District or White Sox Academy at bullsoxacademy.com

Chicago Bulls Skills Camp

A fundamental basketball camp for boys and girls grades 1st through 8th teaching the latest techniques in ball handling, passing, shooting, rebounding and offensive and defensive team play. All instructors have learned directly from Chicago Bulls Coaches. In addition to the daily premier instruction, each student will receive: an autographed Bulls Player photo, a Skills Camp T-shirt, and an evaluation form.

Location: Grand Prairie School-North Entrance
Day: Thursday
Date: March 15 - April 5
Age/Time: 1st - 4th Grade/ 6:00 pm - 7:30 pm
Age/Time: 5th - 8th Grade / 7:30 pm - 9:00 pm
Fee: \$90/NR \$95

Junior Spikers Volleyball

This program will assist 1st-2nd grade boys and girls in developing coordination and motor skills while learning the great sport of volleyball. The experienced instructors at Ultimate Volleyball will teach fundamental skills in a positive athletic environment.

Instructor: Ultimate Volleyball
Location: Grand Prairie School -North Entrance
Day: Tuesday
Date: March 13- April 24
(No Class April 10)
Age: 1st-2nd Grade
Time: 6:00-6:45 pm
Fee: \$45/NR \$50

